



## Need to see a doctor now? Horizon CareOnline<sup>SM</sup> *connects you with a doctor, 24/7.*

**Your Horizon Blue Cross Blue Shield health plan gives you access to Horizon CareOnline. Use this convenient, confidential telemedicine service to get the care you need by video, chat or phone.**

With Horizon CareOnline, you can be treated for common health conditions, including:

- Colds and flu
- Fever
- Skin irritations
- Abdominal pain
- Sinusitis

You can also see behavioral health specialists by appointment from 7 a.m. to 11 p.m., for conditions such as:

- Anxiety
- Attention deficit/hyperactivity disorder (ADHD)
- Bipolar disorder
- Depression

### How Much Does It Cost?

If you're enrolled in the Preferred Provider Organization (PPO) plan, you have a \$5 copay for urgent medical and behavioral health visits.

If you're enrolled in the Consumer-Directed Health Plan (CDHP), urgent medical and behavioral health visits are subject to deductible and coinsurance. Medical visits may cost up to \$49. The cost of behavioral health visits varies depending on the type of services and therapist.

### Who Are the Health Care Professionals?

Urgent medical care services for Horizon CareOnline are provided by U.S. board-certified, licensed doctors who average 15 years experience in primary/urgent care. Behavioral health specialists include licensed psychiatrists, psychologists and social workers. You can read each doctor's profile and patient reviews before selecting one for your care.

Horizon CareOnline does not replace your relationship with the primary doctor or behavioral health professional you may see on a regular basis, but Horizon CareOnline is available when you need it. You can even get a record of your visit by secure email to share with your doctors.

**Register now so you're ready whenever you need care.**

Visit [DSM.HorizonCareOnline.com](https://DSM.HorizonCareOnline.com).

Call **1-877-716-5657**.

Use **Horizon Blue Cross Blue Shield of New Jersey** as your health plan and **DSM** as your service key.

Horizon Blue Cross Blue Shield of New Jersey complies with applicable Federal civil rights laws and does not discriminate against nor does it exclude people or treat them differently on the basis of race, color, gender, national origin, age, disability, pregnancy, gender identity, sex, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations.

**Spanish (Español):** Para ayuda en español, llame al **1-855-477-AZUL (2985) (TTY 711)**.

**Chinese (中文):** 如需中文協助, 請致電 **1-800-355-BLUE (2583) (TTY 711)**.

For more information, visit [info.americanwell.com/where-can-i-see-a-doctor-online](https://info.americanwell.com/where-can-i-see-a-doctor-online).  
For technical assistance, please email [HorizonCareOnline@AmericanWell.com](mailto:HorizonCareOnline@AmericanWell.com).

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