



Need to see a Doctor now?
Get Connected 24/7 With
Horizon CareOnlineSM

You have 24/7 access to doctors through Horizon CareOnline. Use this convenient, confidential telemedicine service to get the care you need by video or phone.

You can be treated by an experienced, U.S. board-certified doctor for common health conditions, including:

- Colds and flu
- Abdominal pain
- Fever
- Sinusitis
- Skin irritations

You can also talk to a licensed psychiatrist, psychologist or social worker by appointment from 7 a.m. to 11 p.m., for help with:

- Anxiety
- Bipolar disorder
- Attention deficit/hyperactivity disorder (ADHD)
- Depression

Horizon CareOnline does not replace your relationship with the primary doctor or behavioral health professional you may see on a regular basis. In fact, you can get a record of your visit to share with your doctors.

How much does it cost?

PPO Plan: \$5 copay for urgent medical visits and behavioral health visits.

CDHP: Medical care – no more than \$59 per visit.

Behavioral health visits – range from \$79 to \$175, depending on the type of service and therapist.

For members in CDHP, you will be charged \$5 on your credit or debit card. Once the claim is processed, you will be billed the outstanding balance. However, if you have met your out-of-pocket maximum, you will not be charged.

Register now so you're ready whenever you need care.



Visit HorizonBlue.com/DSM



Download the Horizon Blue app

If asked for a service key, enter **DSM**.



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Spanish (Español): Para ayuda en español, llame al **1-855-477-AZUL (2985)** (TTY **711**). Chinese (中文): 如需中文協助, 請致電 **1-800-355-BLUE (2583)** (TTY **711**).

There's no charge to download the **Horizon Blue app**, but rates from your wireless provider may apply. For more information about Horizon CareOnline, visit info.americanwell.com/where-can-i-see-a-doctor-online. For technical help, email HorizonCareOnline@AmericanWell.com. American Well is an independent company that supports Horizon Blue Cross Blue Shield of New Jersey in the administration of telehealth services. Horizon Blue Cross Blue Shield of New Jersey is an independent licensee of the Blue Cross Blue Shield Association. The Blue Cross® and Blue Shield® names and symbols are registered marks of the Blue Cross Blue Shield Association. The Horizon® name and symbols are registered marks, and Horizon CareOnlineSM is a service mark, of Horizon Blue Cross Blue Shield of New Jersey. © 2022 Horizon Blue Cross Blue Shield of New Jersey. Three Penn Plaza East, Newark, New Jersey 07105-2200. ECN001406 (0122)